

## DIETETICS RESOURCES

---

### SELECTED REFERENCE BOOKS

***The Big Vitamin Dictionary* – REF QP 771 .L48 2002** Compact dictionary of concise definitions of commercially available nutritional supplements. Includes appendices on topics such as homeopathy and essential fats and oils.

***The Biochemistry of Human Nutrition* – REF QP141 .G766 2000** Dictionary of nutrition related biochemical terms and concepts. An appendix that lists each term in subject groups aids for easier understanding.

***Encyclopedia of Human Nutrition* – REF QP141 .E526 2005** Multi-volume comprehensive subject encyclopedia containing signed articles covering the field of nutrition science. Includes a detailed index.

***Health, Nutrition, and Population Indicators* – REF RA407 .H437 1998** Contains statistical information.

***Manual of Clinical Dietetics* – REF RM 216 M29 2000** This resource was developed by the Chicago Dietetic Association, the South Suburban Dietetic Association and the Dietitians of Canada.

***Nutrients A to Z* – REF RA784 .S527 2004** Entries provide the food or nutrient's origins, its available forms, ways to prepare it, as well as its benefits medicinal properties, and recommended daily dosage.

***Nutrition and Diet Therapy Reference Dictionary* – REF RM217 .L34 1995** Contains over 3000 definitions and covers “all aspects of nutrition, including assessment, drug nutrient interactions, laboratory interpretations, enteral and parenteral nutrition support, community and public health nutrition programs, and nutrition throughout the life cycle.”

***Pediatric Nutrition Handbook* – REF RJ206. A49 2004** Overview of the mechanisms by which nutrients affect growth and development of children and adolescents.

***Quick Reference to Clinical Dietetics* – REF RM 217.2 .Q53 2006** Concise practitioner guide for managing patients nutritional needs. Some chapters headings include screening, managing nutrition for medical conditions and discharge planning.

***Research: Successful Approaches* – REF TX367 .R46 2003** A guide to conducting the well designed and executed research required in evidence-based practice. Published by the American Dietetic Association, this book is available in the circulating collection in addition to the reference copy.

## CIRCULATING BOOKS

***Dietetics: Practice and Future Trends*** – RM217 .D543 2005 This book gives an overview of nutrition related fields, providing detailed descriptions of career choices and practice areas. Included are emerging areas of practice with an increasing emphasis on evidence-based practice and outcomes assessment.

***Krause's Food, Nutrition and Diet Therapy*** – RM216 .M285 2004 A classic text in the field of nutrition and dietetics that provides a wealth of information on nutrition basics, nutrition through the life cycle, medical nutrition therapy, and nutrition for health and fitness.

***Modern Nutrition in Health and Disease*** – QP 141 .M64 2006 Contains information in nutrition and diet therapy.

***Manual of Dietetic Practice*** – RM216 .M295 2001 Comprehensive guide to the principles and practices of dietetics.

***Nutrition and Food Services For Integrated Health Care*** – RA975.5.D5 J334 1997 Information on the changes of the health care system and the leaders in food service and nutrition care.

***Pediatric Nutrition Handbook*** – Ref RJ206 .A49 2004 Overview of the mechanisms by which nutrients affect growth and development of children and adolescents.

***Practice-oriented Nutrition Research: An Outcomes Measurement Approach*** – RM218 .I74 1998 Guide for clinical nutrition researchers on how to plan and design a research project.

***Understanding Normal and Clinical Nutrition*** – QP141 .W458 Nutrition facts and how to apply these facts to clinical practice.

## E-JOURNALS

***American Journal of Clinical Nutrition***

<http://ejournals.ebsco.com/Journal2.asp?JournalID=103569> A peer-reviewed journal covering topics and clinical studies in nutrition and dietetics.

***Food Safety Educator***

[http://www.fsis.usda.gov/News & Events/food\\_safety\\_educator/index.asp](http://www.fsis.usda.gov/News_&_Events/food_safety_educator/index.asp) Food Safety & Inspection Service, U.S. Department of Agriculture.

***High Wire Press*** <http://highwire.stanford.edu/lists/freeart.dtl> Online archive of full-text scientific journals.

***Preventing Chronic Disease*** <http://www.cdc.gov/PCD/> This peer-reviewed electronic journal provides a forum for public health researchers and practitioners to share study results and practical experience. Published by the National Center for Chronic Disease Prevention and Health Promotion, a center within the Centers for Disease Control and Prevention.

## WEB SITES

***ACEIS (Agriculture and Agri-Food Canada's Electronic Information Service)***

<http://www.agr.gc.ca/> Provides links to sites grouped by such headings as Information on AAFC, Food inspection, Acts and Regulations, Education/Awareness, Networks, Industry Information, and Research and Technology. Also includes a site index.

***AGRICOLA*** <http://agricola.nal.usda.gov/> National Agricultural Library's online catalog of citations to agricultural literature. Bibliographic records describe publications and resources encompassing all aspects of agriculture and allied disciplines.

***FDA (U. S. Food and Drug Administration)*** <http://www.fda.gov/> Overview of the Center for Food Safety and Applied Nutrition. Provides information on the National Food Safety Initiative, and program areas such as dietary supplements, food labeling and nutrition. Special interest areas such as consumer advice, federal/state food programs and women's health are also covered.

***Food, Nutrition, and Consumer Services (FNCS)*** <http://www.fns.usda.gov/fncs/> Established under the U.S. Department of Agriculture to ensure citizens' access to nutritious, healthful diets. Describes the programs of the Food and Nutrition Service (FNS) that are designed to provide children and needy families access to food, a healthful diet, and nutrition education. Describes the results of research programs of the Center for Nutrition Policy and Promotion (CNPP) related to the nation's nutritional needs.

***Foodnet*** <http://foodnet.fic.ca/> Although this site is designed for food processors, it provides links to sites giving information on regulations in the United States, Canada, and elsewhere in the world. Provides links to sites in the U.S. and Canada concerned with food safety.

***Gateway to Government Food Safety Information*** <http://www.foodsafety.gov/> Provides information in the areas of news and safety alerts, consumer advice, kids, teens, educators, report illnesses and product complaints, food-borne pathogens, industry assistance, National Food Safety Initiative, and federal and state government agencies.

***Index of Food and Nutrition Internet Resources*** <http://www.nal.usda.gov/fnic/etext/fnic.html> Provides links to sites compiled by the Food and Nutrition Information Center. Topics include adolescence, cancer, food guide pyramid, herbal information, research, vitamins and minerals, etc.

***JIFSAN (Joint Institute for Food Safety and Applied Nutrition)*** <http://www.jifsan.umd.edu/> Provides an infrastructure for contributions to national food safety programs and international food standards. Includes information on research programs, educational and outreach programs, seminars, research grants, and the risk assessment consortium.

***National Center for Health Statistics*** <http://www.cdc.gov/nchs> Contains statistical information to guide actions in public health and health policy, compiled by the nation's principal health statistics agency.

***NCHS (National Center for Health Statistics)*** <http://www.cdc.gov/nchs/> Includes statistical data about U.S. public health topics, such as health care, diseases, drug use, birth and death rates, and aging.

**NCFST (National Center for Food Safety and Technology)** <http://www.iit.edu/~ncfs/> Provides information on current and past research projects in the areas of food packaging, food biotechnology, food processing and food safety assurance. Includes member resources and educational programs in food safety.

**The New Food Pyramid** <http://www.mypyramid.gov> The U.S. Department of Agriculture's new food guide is more than a simple diagram – the website factors your age, sex and activity level to generate a personalized food guide for any individual.

**NOAH** <http://www.noah-health.org/> New York Online Access to Health Information. Health, nutrition and dietetics meta-site.

**Nutrient Data Laboratory** <http://www.ars.usda.gov/ba/bhnrc/ndl> Access to food composition databases, information on food labeling, dietary guidelines and supplements, recommended dietary allowances and resource materials for school personnel.

**Nutrition.gov** <http://www.nutrition.gov/> Provides access to all online federal government information on nutrition.

**The Nutrition Source** <http://www.hsph.harvard.edu/nutritionsource/> From the Harvard School of Public Health, this site's goal is "to provide timely information on diet and nutrition for clinicians, allied health professionals, and the public."

## LOCAL RESOURCES

**D'Youville College's Dietetics Department** <http://www.dyc.edu/academics/dietetics/>.

## PROFESSIONAL ORGANIZATIONS

**American Dietetic Association Homepage** <http://www.eatright.org/Public/>  
The ADA is the nation's largest organization of food and nutrition professionals.

**International and American Associations of Clinical Nutritionists** <http://www.iaacn.org/>  
The official web site for the IAACN, a professional association of practicing clinical nutritionists.